

# The Yukon-Kuskokwim Fitness Center Weekly Buzz

SAFETY \* WELLNESS \* COMMUNITY

October 22 2021

#### **Important Links**

**YKFC** 

State of Alaska Covid-19

City of Bethel

<u>CDC</u>

KYUK—Bethel, AK Local

Yukon-Kuskokwim
Health Corporation

**News** 

#### **Facility Updates**

Monday-Friday: 5:30am-9:00pm, Saturday 10am-9pm, Sunday: Closed.

Please check our <u>website</u> for a complete facility schedule and operating procedures.

Memberships are on hold and will be reactivated as patrons return to the facility.

#### **Group Fitness**

Group Fitness classes are offered weekly! Space is limited, masks and social distancing are required. For more information visit: <a href="http://www.ykfitness.org/group-fitness">http://www.ykfitness.org/group-fitness</a>

# Lifeguard & Swim Instructor Classes Happening Soon!

Looking for a fun, flexible job with great benefits? Join our team!

Swim Instructor class starts Sunday October 24th and Lifeguard Training starts November 19th. Visit <a href="http://www.ykfitness.org/certifications">http://www.ykfitness.org/certifications</a> for details.



## PFD Membership Special

Our most popular membership special is happening now! Take advantage of 25% off a single month or 50% off an annual membership.

Membership must be purchased by October 30 and will start after any active memberships expire.

For more information: <a href="http://www.ykfitness.org/membership-2">http://www.ykfitness.org/membership-2</a>



## Warm Up in the Spa

Escape the chilly weather in our spa!

Open Monday-Friday 5:30am-8am,
and 1:30pm-8:30pm,

Saturday 10am-8:30pm.

Must be 16 years or older, face masks are required in the spa.