

# Yukon-Kuskokwim Fitness Center

SAFETY \* WELLNESS \* COMMUNITY

October 2021

## Important Links

- [YKFC](#)
- [State of Alaska Covid-19](#)
- [City of Bethel](#)
- [CDC](#)
- [KYUK—Bethel, AK Local News](#)
- [Yukon-Kuskokwim Health Corporation](#)

## Facility Updates

Monday-Friday: 5:30am-9:00pm, Saturday 10am-9pm, Sunday: Closed

Detailed facility hours below. Please check our website for a complete schedule.

Memberships are on hold and will be reactivated as guests return to the facility.

## Keeping Up With YKFC

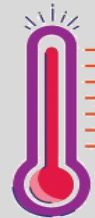
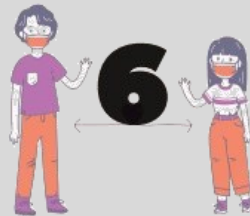
Stay up to date by following us on [Facebook](#)

## 2021 Fall Membership Specials

We are very excited to announce two membership specials happening this month. In honor of Indigenous Peoples’ Day on October 11 we are extending an unprecedented discount on one month and annual memberships to active members of any Native American or Alaska Native Tribe. A valid tribal ID is required to receive this discounted membership. This discount will be available for purchase in person at the front desk or by email, [ykfc@cityofbethel.net](mailto:ykfc@cityofbethel.net)

This year’s PFD Special will be available October 18-30th. Monthly memberships will be 25% off and annual memberships will be 50% off.

For discount applications and more information: <http://www.ykfitness.org/membership-2>



## October 2021 Facility Hours

Fitness areas: Monday– Friday

5:30am-11:00am: Open  
11am-11:30am: Closed  
11:30am-9pm: Open

Fitness areas: Saturday

10am-9pm: Open

Pool area Monday-Friday

5:30am-8am Open  
8am-1:30pm: Closed  
1:30pm-8:30pm: Open

Pool area: Saturday

10am-8:30pm: Open

## Lifeguard & Swim Instructor Training

We are offering two certification courses this fall! We'll be offering lifeguard certification/training November 19, and 26-28. Swim Instructor certification/training will be Sundays October 24, November 7, 14, 21. Both courses have an online course, in-person training, and a final exam. For more information on these courses and to sign up please visit: <http://www.ykfitness.org/certifications>



Sponsored by:



## 2021 Bethel Community Fair

Thank you to everyone who visited the Bethel Community Fair on Saturday, September 4! We had a great time with everyone at Lion's Club Park.



## October Group Fitness & Studio Availability

Monday-Friday October 04-13 the Studio will not be available for afternoon general use or fitness classes. Morning availability and classes will not be affected.

Liz is offering a special morning yoga class on October 7 at 6:30am.

Water aerobics is returning to the pool this month. Join us at Wednesdays 10am in the pool!

## Group Fitness Classes



Group Fitness Classes are offered Monday-Saturday. View our full schedule [here](#).

Yukon-Kuskokwim Fitness Center

[www.ykfitness.org](http://www.ykfitness.org)

543-0390

267 Akiachak Dr, Bethel AK 99559

