



# The Yukon-Kuskokwim Fitness Center

## Weekly Buzz

SAFETY \* WELLNESS \* COMMUNITY

November 19, 2021

### Important Links

[YKFC](#)

[State of Alaska Covid-19](#)

[City of Bethel](#)

[CDC](#)

[KYUK—Bethel, AK Local News](#)

[Yukon-Kuskokwim Health Corporation](#)

### Facility Updates

Monday-Friday: 5:30am-9:00pm,  
Saturday 10am-9pm, Sunday: Closed.

Please check our [website](#) for a complete facility schedule and operating procedures.

Memberships are on hold and will be reactivated as patrons return to the facility.

### Group Fitness

Group Fitness classes are offered weekly! Space is limited, masks and social distancing are required. For more information visit: <http://www.ykfitness.org/group-fitness>

### Healthy for the Holidays

There's still time to sign up for our holiday fitness and wellness challenge— Healthy for the Holidays! We'll be sending weekly challenges, motivation, and lots fun right to your inbox!

[Sign up now!](#)

### Covid-19 Policies

At YKFC all patrons are required to wear a face mask unless showering or swimming in the pool. Contact tracing and temperature checks are still required at check-in. Anyone who travels outside of Bethel should not visit the facility until 10 days after returning. *Fully vaccinated travelers are exempt from the travel policy.*

[Read the full policy here.](#)

### Holiday Hours

We will be closed on Thanksgiving,  
Thursday, November 25.

Friday, November 26 we will be open  
2pm-9pm.



### We're Hiring!

We're currently hiring for several part time and full time positions as well as group fitness instructors. If you're interested in learning more about employment opportunities or applying for an open position please

visit: <http://www.ykfitness.org/employment>