



The Yukon-Kuskokwim Fitness Center

Weekly Buzz

SAFETY * WELLNESS * COMMUNITY

June 18, 2021

Important Links

[YKFC](#)

[State of Alaska Covid-19](#)

[City of Bethel](#)

[CDC](#)

[KYUK—Bethel, AK Local News](#)

[Yukon-Kuskokwim Health Corporation](#)

Facility Updates

Monday-Friday: 5:30am-9:00pm,
Saturday 10am-9pm, Sunday: Closed.

Please check our [website](#) for a complete facility schedule and operating procedures.

Memberships are on hold and will be reactivated as patrons return to the facility.

Group Fitness

Group Fitness classes are offered Monday-Friday! Space is limited, face mask policy applies. For more information visit: <http://www.ykfitness.org/group-fitness>

Summer 2021 Teen Swimming Programs Starting Soon!

Fully vaccinated teens are invited to attend our summer swim programs beginning in July. All programs will run July 11-August 7 for teens ages 12-17.

- Ready to learn to swim? Beginner Swim Lessons are Wednesdays 5pm-6pm.
- Looking forward to swim team this year? Swim Club will be Tuesdays 6:30am-7:30am and Wednesdays 6pm-7pm.
- If you're interested in becoming a lifeguard one day Pre-Lifeguard Training is Fridays 4pm-5pm.

Wednesdays starting June 30: fully vaccinated teens ages 12-17 swim FREE.

More information: <http://www.ykfitness.org/>

Summer 2021 Pool Membership Special

Ready to spend the summer in the pool? We're offering a special pool membership from Memorial Day to Labor Day for only \$99 for adults and only \$69 for youth and senior. This isn't a deal you'll want to miss!

Get yours now: <http://www.ykfitness.org/membership-2>



Lifeguard Training

We're hiring certified lifeguards and offering lifeguard training! Blended learning course begins June 27th, in-person classes meet July 5th-8th.

Are you:

- At least 15 years old
- A strong swimmer
- Ready for a fun and rewarding job

For more information: <http://www.ykfitness.org/certifications>