



# The Yukon-Kuskokwim Fitness Center

## Weekly Buzz

SAFETY \* WELLNESS \* COMMUNITY

July 23, 2021

### Important Links

[YKFC](#)

[State of Alaska Covid-19](#)

[City of Bethel](#)

[CDC](#)

[KYUK—Bethel, AK Local News](#)

[Yukon-Kuskokwim Health Corporation](#)

### Facility Updates

Monday-Friday: 5:30am-9:00pm,  
Saturday 10am-9pm, Sunday: Closed.

Please check our [website](#) for a complete facility schedule and operating procedures.

Memberships are on hold and will be reactivated as patrons return to the facility.

### Interested in becoming a Lifeguard or a Swim Instructor?

Take our [interest survey](#) to receive information on upcoming certification classes.

### Swimming Lessons

We are now offering private and family swim lessons. We have limited availability for these exclusive swim lesson opportunities. Private swim lessons are for just one swimmer while family lessons are for any combination of family members over age 5. At least one adult will need to be in the water to provide hands on assistance for swimmers under the age of 8 or any swimmers who are extremely hesitant. Due to covid-19 instructors are not able to provide hands on instruction at this time. Please complete the swim lesson application on our website and return to the YK Fitness Center.

Classes are scheduled based on instructor availability so please be thorough when selecting your preferred lesson times.

For more information or to request a private or family swim lesson visit: <http://www.ykfitness.org/aquatics>

### Pool Reservations

Reservations are required for non-vaccinated swimming zones. Reservations can be made online or over the phone. Walk-in reservations accepted if we have availability.

To reserve:

<http://www.ykfitness.org/visit-us>

(907) 543-0390



### Covid-19 Policies

All patrons are required to wear a face masks unless they are showering or swimming. Patrons who have travelled outside of Bethel in the last 10 days are prohibited from using the facility.

For more information: <http://www.ykfitness.org/covid19-phase-3>

Fully vaccinated patrons, with proof of vaccination, are exempt from face mask and travel policies.

