



# The Yukon-Kuskokwim Fitness Center

## Weekly Buzz

SAFETY \* WELLNESS \* COMMUNITY

July 16, 2021

### Important Links

[YKFC](#)

[State of Alaska Covid-19](#)

[City of Bethel](#)

[CDC](#)

[KYUK—Bethel, AK Local News](#)

[Yukon-Kuskokwim Health Corporation](#)

### Facility Updates

Monday-Friday: 5:30am-9:00pm,  
Saturday 10am-9pm, Sunday: Closed.

Please check our [website](#) for a complete facility schedule and operating procedures.

Memberships are on hold and will be reactivated as patrons return to the facility.

**Interested in becoming a Lifeguard or a Swim Instructor?**

Take our [interest survey](#) to receive information on upcoming certification classes.

### Just Keep Swimming

Swimming is a great way to keep your kids active, help them stay healthy, and to get the whole family out of the house and engaged. Give your teens a reason to step away from their phones and your kiddies the excitement of playing in the water.

We are accepting reservations for individuals and groups in the non-vaccinated swimming zones up to 10 days in advance. Zones can be reserved for up to an hour and a half. Reservations can be made online or over the phone.

Need Gear? Our pro-shop has everything you need for a day at the pool: bathing suits, towels, goggles, pool toys, and more.

Visit our website at <http://www.ykfitness.org/visit-us> or call (907) 543-0390

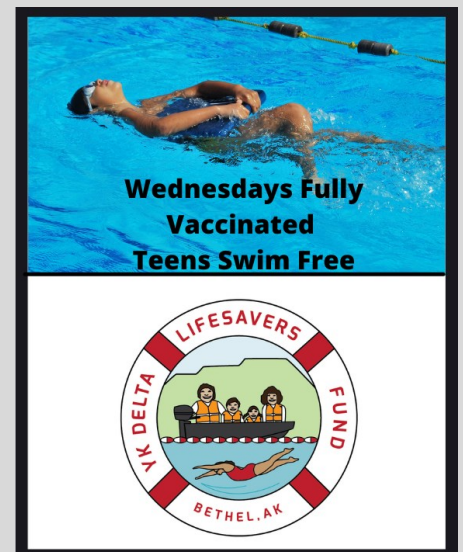
### Covid-19 Policies

Our current phase 3 Covid-19 policies and guidelines require all patrons to wear a designated face mask unless swimming or showering, practice social distancing, and those who have travelled within the past 10 days are prohibited from using the facility.

For our full Covid-19 policy please visit our [website](#).

Unsure if you're eligible? Take our eligibility [questionnaire](#).

Fully vaccinated patrons are exempt from these policies, face masks must be worn until proof of vaccination is provided.



**Wednesdays Fully Vaccinated Teens Swim Free**