



The Yukon-Kuskokwim Fitness Center

Weekly Buzz

SAFETY * WELLNESS * COMMUNITY

July 9, 2021

Important Links

[YKFC](#)

[State of Alaska Covid-19](#)

[City of Bethel](#)

[CDC](#)

[KYUK—Bethel, AK Local News](#)

[Yukon-Kuskokwim Health Corporation](#)

Facility Updates

Monday-Friday: 5:30am-9:00pm,
Saturday 10am-9pm, Sunday: Closed.

Fitness and pool areas closed for short periods through the day. Please visit our [website](#) for full facility schedule and procedures.

Memberships are on hold and will be reactivated as patrons return to the facility.

Group Fitness: Group Fitness classes are offered Monday-Friday! Space is limited, face mask policy applies. For more information visit: <http://www.ykfitness.org/group-fitness>

Teen Swimming Programs Start This Coming Week!

Our Summer 2021 Teen Swimming Programs will be July 11– August 7. Fully vaccinated teens ages 12-17 are invited to join us for:

- Beginner Swim, Wednesdays 5pm-6pm
- Swim Club, Tuesdays 6:30am-7:30am and Wednesdays 6pm-7pm
- Pre-Lifeguard Training, Fridays 4pm-5pm

[Scholarships available](#)



Pool Reservations

Currently, reservations are required for non-vaccinated swimming zones. Reservations can be made online or over the phone. Walk-in reservations accepted if we have availability.

To reserve:

- <http://www.ykfitness.org/visit-us>
- (907) 543-0390

Last Chance to get this great deal!



Wednesdays Teens Swim Free

The YK Delta Lifesavers are sponsoring fully vaccinated teens on Wednesdays. Must have proof of vaccination and be ages 12-17.

