

# The Yukon-Kuskokwim Fitness Center Weekly Buzz

SAFETY \* WELLNESS \* COMMUNITY

January 15, 2021

#### **Important Links**

**YKFC** 

City of Bethel

KYUK—Bethel, AK Local News

Yukon-Kuskokwim Health Corporation

State of Alaska Covid-19

CDC

#### **Facility Updates**

The facility is currently closed to the public.

Memberships are on hold and will be reactivated when the facility re-opens.

#### Keeping Up With YKFC

Stay up to date by following us on Facebook

### **Future of YKFC Survey**

Just like many of you, we have big hopes, dreams, and plans for the future of YKFC. We know what we would like to see in the future, but we need to know what YOU want the future of YKFC to look like. What classes do you like to take? What facilities do you wish we could add?

We've put together a survey for you to share how you use the facility (before COVID-19) and what you'd like to see once life gets back to normal. Let us know your ideas on how we can best serve you in the future.

#### **Take the Survey Now**

We challenge you to get as many people as possible to submit their survey. They can give you credit for encouraging them and you could win a prize!

## Martin Luther King Jr Day

Today is Martin Luther King Jr's birthday and Monday is MLK Day giving many people the opportunity for a long weekend and an extra day to spend with family. This year, take a few moments to spread some much needed kindness. Anchorage School District has put together some great ways to spread kindness, while social distancing.

#### Manage Your Account

Did you know you can manage your contact information, account preferences and membership from home?

**Manage Your Account Now** 

Please email us at <a href="mailto:ykfc@cityofbethel.net">ykfc@cityofbethel.net</a> if you're having trouble accessing your account.

#### Connect with Us

What content do you want us to share? Our goal is to help you live your best life, even while we're closed. We're asking what content would be the most helpful and motivating to keep you happy and healthy at home. Let us know here.

\*We can't follow through with every suggestion but we'll do our best to cover as many content requests as we can.