



The Yukon-Kuskokwim Fitness Center

Weekly Buzz

SAFETY * WELLNESS * COMMUNITY

December 24, 2021

Important Links

[YKFC](#)

[State of Alaska Covid-19](#)

[City of Bethel](#)

[CDC](#)

[KYUK—Bethel, AK Local News](#)

[Yukon-Kuskokwim Health Corporation](#)

Facility Updates

Monday-Friday: 5:30am-9:00pm,
Saturday 10am-9pm, Sunday: Closed.

Please check our [website](#) for a complete facility schedule and operating procedures.

Memberships are on hold and will be reactivated as patrons return to the facility.

Group Fitness

Group Fitness classes are offered weekly! Space is limited, masks and social distancing are required. For more information visit: <http://www.ykfitness.org/group-fitness>

January Lifeguard Certification

Our first lifeguard training of 2022 will be January 4– January 8. This course is a blend of in-person and online training that covers all of the skills required to become a Red Cross Certified Lifeguard. Training will include First Aid, CPR, and AED training, as well as some specific training for our facility. For more information on lifeguard training and the pre-test requirements please visit: <http://www.ykfitness.org/certifications>

Lifeguarding offers a flexible schedule, competitive pay, fun job, and complementary membership to the YK Fitness Center. Come join our team!

Already certified and want to apply?
Please visit: YK [Fitness Center Employment](#).

Holiday Hours

12/24/21: We will be open 5:30am-5:30pm.

12/25: CLOSED

12/31/21: We will be open 5:30am-5:30pm.

1/1/22: We will be open 2pm-9pm.



Happy Holidays!

We want to wish everyone a happy holiday. Thank you for being a member of the YK Fitness Family.

We'll see you next week.

HAPPY HOLIDAYS