



# The Yukon-Kuskokwim Fitness Center

## Weekly Buzz

SAFETY \* WELLNESS \* COMMUNITY

December 3, 2021

### Important Links

[YKFC](#)

[State of Alaska Covid-19](#)

[City of Bethel](#)

[CDC](#)

[KYUK—Bethel, AK Local News](#)

[Yukon-Kuskokwim Health Corporation](#)

### Facility Updates

Monday-Friday: 5:30am-9:00pm,  
Saturday 10am-9pm, Sunday: Closed.

Please check our [website](#) for a complete facility schedule and operating procedures.

Memberships are on hold and will be reactivated as patrons return to the facility.

### Group Fitness

Group Fitness classes are offered weekly! Space is limited, masks and social distancing are required. For more information visit: <http://www.ykfitness.org/group-fitness>

### Cookie Extravaganza

Need some cookies for your holiday celebrations? The 28th Annual Christmas Cookie Extravaganza is happening next week! You can pre-order your 2lb box of assorted Christmas Cookies on Friday December 10th, 1pm-4pm. More information: [YK Delta Lifesavers Cookie Extravaganza](#)

### Calling all Bakers!

Want to support the Cookie Extravaganza? The Lifesavers need cookie donations to fill the cookie boxes. Donations of 4-6 dozen cookies can be dropped off at the YK Fitness Center 12/11 10am-9pm and 12/12 12pm-2pm. Please let Beverly Hoffman know if you're interested in helping bake! More information: [YK Delta Lifesavers Cookie Extravaganza](#)

### Holiday Hours

12/24/21: We will be open 5:30am-5:30pm.

12/25: CLOSED

12/31/21: We will be open 5:30am-5:30pm.

1/1/22: We will be open 2pm-9pm.



### Holiday Gifts

We have gift certificates and a limited number of gift sets available for the holidays! Gift certificates are available at the front desk and can be customized for any amount and redeemed for any purchase at the YK Fitness Center! Holiday gift sets are available at select Saturday Markets and include a YK Fitness Center bag, junior goggles, pool toy, beach ball, and \$35 gift certificate. That's a \$65 value for only \$50!